## ESSENCE CATERING MENU 2023

## WILLEN PRIMARY SCHOOL

ALL ENQUIRIES TEL: 07584 079011

## Children in Reception Year 1 & year 2 are entitled to Free School Meals

WEB: www.essence-catering.co.uk EMAIL: enquiriesessence@gmail.com

COST OF LUNCHES £2.40 PER MEAL OR £12.00 PER WEEK.

PAYING BY BACS: ACCOUNT NAME: ESSENCE CATERING ACCOUNT NUMBER: 03478807 SORT CODE: 20-57-40 PLEASE REMEMBER TO PUT A BACS (WP CHILD'S NAME) REFERENCE SO WE CAN TRACE YOUR PAYMENT.

		OSED:			CHE	QUES N	OT ACC	EPTED		BACS RI	CS REF: WP			
MON	TUE	WED	THU	F	FRI		Week 4 DATE: 25-29 Sept		MON	TUE	WED	THU	FRI	
Inset Day							СНО	ICE NU	MBER					
MON	TUI	= N	/ED	ГНО	FRI		Week 5 DATE: 2-6 Oct CHOICE NUMBER		MON	TUE	WED	THU	FR	
MON	TUE	WED	THU	,	FRI			Week 6		MON	TUE	WED	THU	FRI
							CHOICE NUMBER							
	DA			1	MON	TUE	WED	THU	FRI				- A	
	CHO	DICE N	UMBEI	2										
ALLERGY INFORMATION MUST PROVIDE DOCTORS NOTE PLEASE				DIETARY INFORMATION VEGETARIAN/PESCATERIAN/VEGAN NO PORK /NO BEEF/HALAL ETC						CONTACT DETAILS				
	MON Inset Day MON	MON TUE  Inset Day  MON TUE  DAT CHO	MON TUE WED  Inset Day  MON TUE WED  Week DATE: 16-2 CHOICE N	MON TUE WED THU  Inset Day  MON TUE WED THU  Week 7 DATE: 16-20 Oct CHOICE NUMBER	MON TUE WED THU  Inset Day  MON TUE WED THU  Week 7 DATE: 16-20 Oct CHOICE NUMBER  IFORMATION CTORS NOTE PLEASE  VEG	MON TUE WED THU FRI  Inset Day  MON TUE WED THU FRI  Week 7 DATE: 16-20 Oct CHOICE NUMBER  DIFORMATION CTORS NOTE PLEASE  CHECK  WED THU FRI  MON DIET VEGETARIA	MON TUE WED THU FRI  Inset Day  MON TUE WED THU FRI  Week 7 MON TUE  Week 7 MON TUE  CHOICE NUMBER  DIETARY IN  VEGETARIAN/PES	MON TUE WED THU FRI  Inset Day  MON TUE WED THU FRI  DATE CHO  MON TUE WED THU FRI  DATE CHO  Week 7  DATE: 16-20 Oct CHOICE NUMBER  DIETARY INFORMATION CTORS NOTE PLEASE  CHEQUES NOT ACC  CHEQUES NOT ACC  MON TUE WED THU FRI  DATE CHO  DATE CHO  DATE CHO  DIETARY INFORMATION VEGETARIAN/PESCATERI	MON TUE WED THU FRI  Week 5 DATE: 2-6 OC CHOICE NU  MON TUE WED THU FRI  Week 5 DATE: 2-6 OC CHOICE NU  Week 6 DATE: 9-13 OC CHOICE NUMBER  WEEK 7 DATE: 16-20 Oct CHOICE NUMBER  WED THU FRI  Week 6 DATE: 9-13 OC CHOICE NUMBER	MON TUE WED THU FRI  MON TUE WED THU FRI  MON TUE WED THU FRI  Week 4  DATE: 25-29 Sept  CHOICE NUMBER  Week 5  DATE: 2-6 Oct  CHOICE NUMBER  Week 6  DATE: 9-13 Oct  CHOICE NUMBER  Week 7  DATE: 16-20 Oct  CHOICE NUMBER  DIETARY INFORMATION  VEGETARIAN/PESCATERIAN/VEGAN	MON TUE WED THU FRI  Week 5  DATE: 2-6 Oct  CHOICE NUMBER  MON  TUE WED THU FRI  Week 6  DATE: 9-13 Oct  CHOICE NUMBER  Week 7  DATE: 16-20 Oct  CHOICE NUMBER  DATE: 16-20 Oct  CHOICE NUMBER  DIETARY INFORMATION  VEGETARIAN/PESCATERIAN/VEGAN	MON TUE WED THU FRI  MON TUE WED THU FRI  Inset Day  MON TUE WED THU FRI  MON TUE WED THU FRI  MON TUE WED THU FRI  Week 5  DATE: 2-6 Oct CHOICE NUMBER  MON TUE  Week 6  DATE: 9-13 Oct CHOICE NUMBER  Week 7  MON TUE WED THU FRI  Week 6  DATE: 9-13 Oct CHOICE NUMBER  Week 7  DATE: 16-20 Oct CHOICE NUMBER  DIETARY INFORMATION VEGETARIAN/PESCATERIAN/VEGAN  CON	MON TUE WED THU FRI  Week 5  DATE: 2-6 Oct  CHOICE NUMBER  MON TUE WED THU FRI  Week 6  DATE: 9-13 Oct  CHOICE NUMBER  Week 7  DATE: 16-20 Oct  CHOICE NUMBER  DIFFORMATION  CTORS NOTE PLEASE  CHEQUES NOT ACCEPTED  BACS REF: WP BACS AMOUNT:  WEEK 4  DATE: 25-29 Sept  CHOICE NUMBER  MON TUE WED  DATE: 19-13 Oct  CHOICE NUMBER  CONTACT DE	MON TUE WED THU FRI  Week 5  DATE: 2-6 Oct  CHOICE NUMBER  MON TUE WED THU  MON TUE WED THU FRI  Week 6  DATE: 9-13 Oct  CHOICE NUMBER  Week 7  DATE: 16-20 Oct  CHOICE NUMBER  MON TUE WED THU  FRI  Week 6  DATE: 9-13 Oct  CHOICE NUMBER   Week 7  DATE: 16-20 Oct  CHOICE NUMBER  FORMATION  CHOICE NUMBER  CONTACT DETAILS

Please complete the attached order form and return to ESSENCE CATERING one full week in advance and do please complete the whole

Remember to fill out your child's full name and class clearly and write a numbered choice on the form without this information we

order form for the whole half term you can still pay weekly. All cancellations by 9.30am. If your order is late, please ring Essence Catering office direct on 07584 079011.

If you wish to amend your order placed, please contact us on the office numbers above.

Please make a copy of your order form on your phone calendar or photo.

will not be able to process your form.

## ESSENCE CATERING MENU SUMMER TERM 2023

If your child has dietary requirements or allergies, please supply as much information on the order form as possible.

Vegan options are available on request so please add that information on the order form.

HALAL MEAT NOT SERVED.

MENU 1 04/09/2023 25/09/2023	SPAGHETTI MONDAY	TASTY TUESDAY	ROAST WEDNESDAY	PIZZA THURSDAY	FISH FRIDAY	
16/10/2023	Homemade Beef	Giant Pork Sausage	Roast Chicken	Healthy Eating Cheese &	Oven Baked Battered	
	Spaghetti Bolognaise		& Yorkie	Tomato Pizza	Fish	
2	Homemade vegetable & Bean Plant Based Spaghetti Bolognaise	Oven Cooked Breaded Vegetable fingers	Homemade Vegetable & Bean Cottage Pie	As Above	Homemade Classic Macaroni Cheese	
Served with	Sweetcorn & Bread	Oven Cooked Potato Waffle & Wholewheat Spaghetti Hoops	Homemade Roast Potatoes & Vegetables & Gravy	Fresh Mixed Summer Salad Garlic bread	Oven Cooked Chips. & Peas	
3	Jacket Potato choose various fillings	Jacket Potato choose various fillings	Jacket Potato choose various fillings	Jacket Potato choose various fillings	Jacket Potato choose various fillings	
5	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	
6	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich	
DESSERT	Fruit Yoghurt Pot or Fresh Fruit Basket	Summer Fresh fruit platter or Fresh Fruit Basket	Buttermilk Pancake & fruit sauce Fresh Fruit Basket	Dairy Vanilla Ice Cream Pot or Fresh fruit Basket	Homemade Oat Cookie or Fresh Fruit Basket	
MENU 2 11/09/2023 02/10/2023	AROUND THE WORLD MONDAY	PASTA TUESDAY	ROAST WEDNESDAY	PIZZA THURSDAY	FISH FRIDAY	
1	Homemade Chicken Tikka Masala	Homemade Plant Based Neapolitan sauce & Fusilli Pasta	Giant Pork Sausage Served with Yorkie	Healthy Eating Cheese & Tomato Pizza	Oven Baked Fish Finger Roll	
2	Homemade Seasonal Vegetable Sweet & Sour	As Above	Vegetarian Sausage served with Yorkie	As Above	Homemade Vegetaria Crustless Quiche	
Served with	Vegetable Rice & Pitta Bread	Sweetcorn & bread	Homemade Roast Potatoes & Vegetables & Gravy	Mixed Summer Salad & Garlic Bread	Homemade Oven Baked Potato Wedg Peas & Ketchup	
3	Jacket Potato choose various fillings	Jacket Potato choose various fillings	Jacket Potato choose various fillings	Jacket Potato choose various fillings	Jacket Potato choose various fillings	
5	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	
6	Ham sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich	
DESSERT	Fruit Yoghurt Pot	Vegetarian Mousse or	Fresh Fruit Platter or	Homemade Lemon Drizzle Cake Or	Homemade Rainbow Cookie or	
	or Fresh Fruit Basket	Fresh Fruit Basket	Fresh Fruit Basket	Fresh Fruit Basket	Fresh Fruit Basket	
MENU 3 18/09/2023 09/10/2023	MACARONI MONDAY	BURGER TUESDAY	ROAST WEDNESDAY	PIZZA THURSDAY	FISH FRIDAY	
1	Homemade Macaroni Marinara Bake	Beef Burger in a Bun	Roast Chicken & Yorkie	Healthy Eating Cheese & Tomato Pizza	Oven Baked Battered Fish	
2	Cheddar Cheese & Chive Loaded Jacket Skins (2)	Homemade Vegetable Burger in a bun	Homemade Seasonal Vegetable Puff Pastry Tart	As above	Cheese and Cherry Tomato Panini Melt	
Served with	Peas & Garlic Bread	Oven Cooked Diced Potatoes & Wholewheat Spaghetti Hoops	Homemade Roast Potatoes Veg & Yorkie Gravy	Homemade oven cooked Potato wedges & Fresh mixed salad	Oven Baked Chips & Corn on the Cob	
3	Jacket Potato choose various fillings	Jacket Potato choose various fillings	Jacket Potato choose various fillings	Jacket Potato choose various fillings	Jacket Potato choos various fillings	
5	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	
6 DESSERT	Ham Sandwich Fruit Yoghurt Pot or	Ham Sandwich Fresh Summer Fruit Platter or	Ham Sandwich Homemade Vanilla Buttercream Tray Bake	Ham Sandwich Fresh Fruit Salad or Cheese Triangle & Crackers	Ham Sandwich Homemade Soft Chewy Cinnamon Cookie or	